

# The Three Es of Studying

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## EXPOSE | EXAMINE | EXECUTE

**Expose** - passively absorb the material by listening or reading

- you may or may not take notes at this stage
- read the material before class, if possible

**Examine** - pay closer attention to the material

- read the material and/or review your notes again
- try to understand the material (ask yourself questions, etc.)
- add notes to your notes
- walk through example problems, step-by-step
- do homework/practice problems with your notes, step-by-step
- if helpful, try a study group afterwards

**Execute** - the 'do' stage

- do your work without notes, then check your answers
- make any needed corrections, and return to **examine** stage if needed